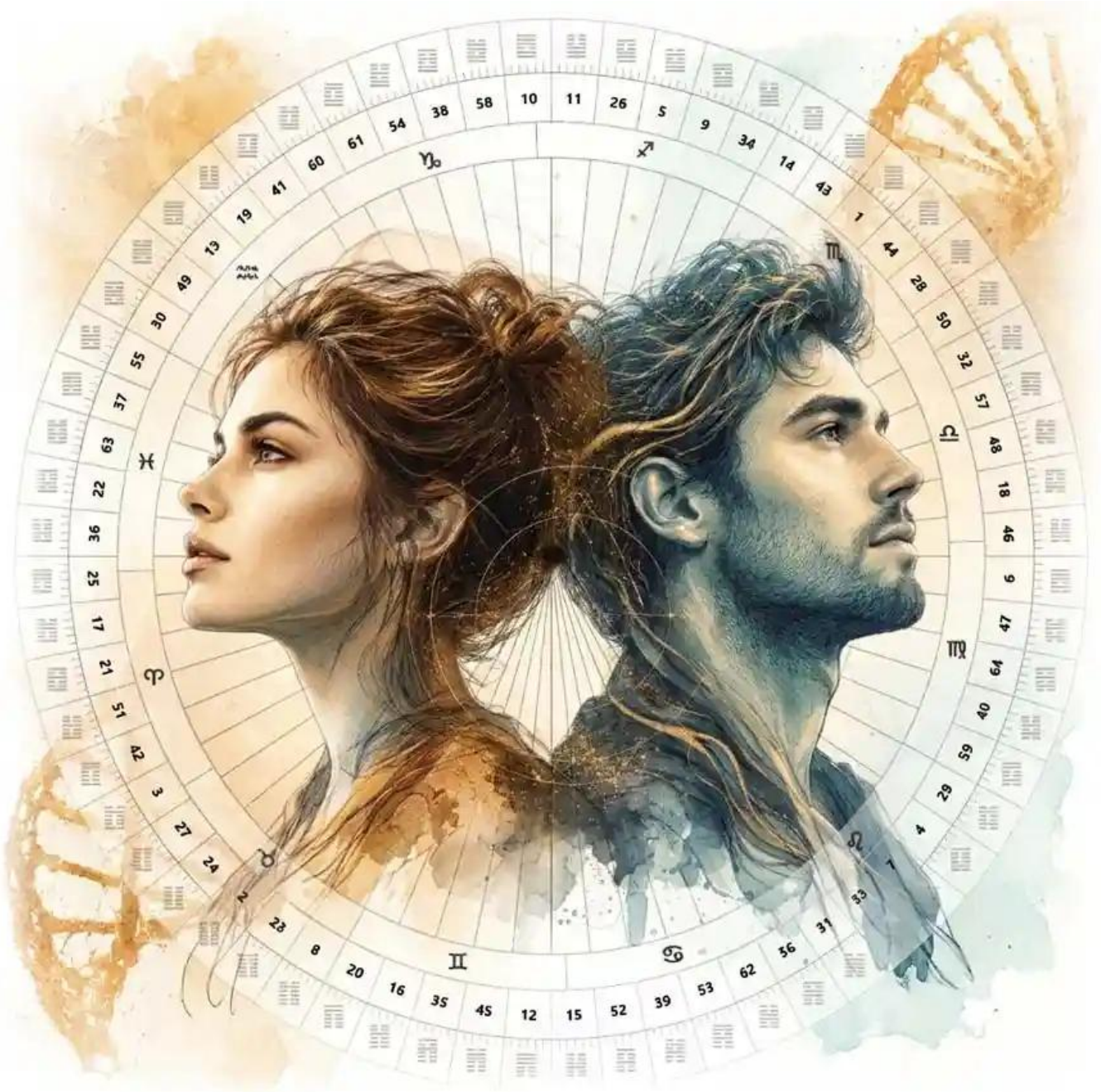




Robert Ambelain

Your First Overview
Your Personal Human Design



Table of Contents

Description	Page
Introduction	3
The Human Design Synthesis	4
BodyGraph and Data	7
Type and Strategy	7
Inner Authority	8
Profile	9
Centers	10
Channels	20
Incarnation Cross	24



Introduction

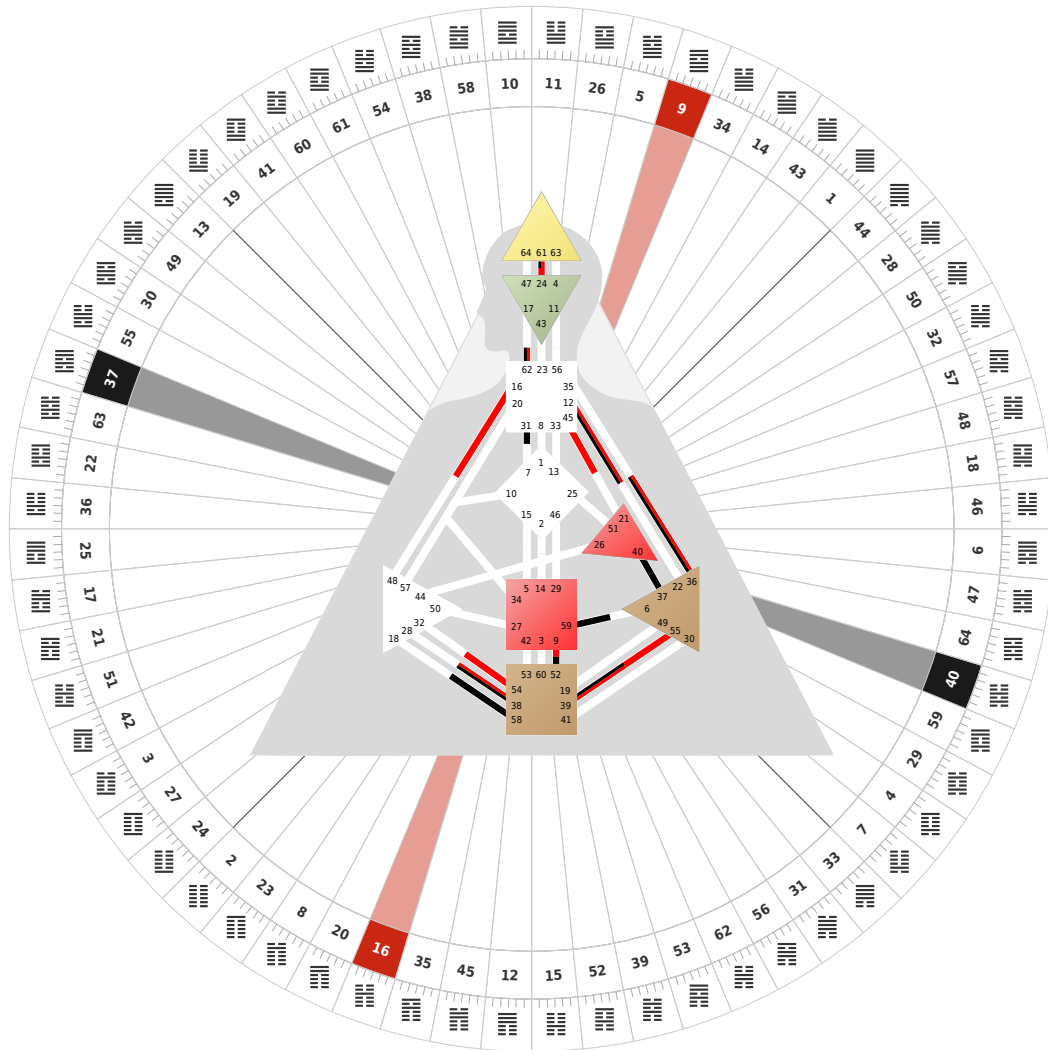
Welcome to the World of Human Design!

Thank you so much for your interest and curiosity! The sample report you are holding in your hands offers a fascinating first glimpse into the energetic architecture of a well-known personality. It highlights the individual puzzle pieces, genetic predispositions, and the unique blueprint that shape this person in the spotlight.

Please keep in mind, however: a report like this is a wonderful starting point, but it cannot and will NOT replace a full, personal analysis. Our true essence is infinitely more complex than the mere sum of its parts. The magical interplay of all aspects, the nuances, and the unique life story are what create the living, breathing big picture. This level of depth simply cannot be generated by a computer program—it requires the trained eye, experience, and artistry of a certified Human Design Analyst.

So, look at this overview as a source of inspiration and a first "technical" blueprint. The real power of Human Design lies in its practical application anyway: Type, Strategy, and Authority are simple, mechanical tools that you can immediately observe in daily life—whether in celebrities or within yourself. They are the key to shedding conditioning and truly being your authentic self.

Ready to dive deeper and have your own chart unlocked by a professional? Browse through our offers to find the perfect reading for you!



The Human Design Synthesis

The Human Design System combines ancient and modern sciences in its unique body diagram, thereby making the genetic structure and function of a human being visible and logically comprehensible.

Let us begin by examining the **Human Design Mandala**.

The inner wheel shows the zodiac signs, which you probably know from astrology. In the outer wheel, the 64 hexagrams from the Chinese I Ching are arranged. In a first step, we can thus convert an astronomical position into a hexagram or equate it. Each hexagram is further divided into 6 Lines (Yin and Yang), whereby the astronomical position can be represented as a hexagram (the heading) and a Line (the detailed theme).

Astrology and the **I Ching** are ancient sciences. In our modern sciences, the same contents can be found in **Quantum Physics** and in **Genetics**:

Astrology speaks of the 'quality of time', which can be read from the position of celestial bodies. Proof of this



has always been difficult.

Quantum Physics shows that neutrinos are mass particles. This was one of the most important findings of modern research; until a few decades ago, neutrinos were thought to be energy particles. Neutrinos - which mainly originate in nuclear fusion processes in stars - are present in the universe in unimaginably large numbers: approximately 66 billion (!) of them penetrate us here and now per second per square centimeter. It is in THIS way that information or quality is transferred from every celestial body to us. These countless, tiny material particles penetrate everything at nearly the speed of light and inform and condition us and generate the so-called 'quality of time' (weak interaction between material parts ensures energy and momentum exchange).

The ancient **I Ching** describes the 64 fundamental building blocks or properties of life.

Modern **Genetics** knows that human DNA is constructed from 64 codons, which code the 20 essential amino acids that correspond exactly with the structure of the hexagrams from the Chinese I Ching.

The ancient Yin and Yang Lines are, expressed in our terminology, simply a **binary code**.

About 70% of the neutrinos that reach us here on Earth come from our Sun. This is why the Sun position is of such great significance in astrology. 70% of the information that reaches and penetrates us comes from our Sun. The remaining 30% comes from other sources, mainly from stars outside our solar system. These neutrinos carry different information - from other stars, and from planets and moons when they penetrate these celestial bodies on their way.

And naturally, the information transfer does not stop with us: we live within an ocean of particles, are continuously penetrated and informed from all sides and naturally also inform the particles with our quality in return. We are therefore truly in a constant and never-ending connection with the entire universe.

This is the Mandala that connects Astrology with Physics and the I Ching with Genetics.

At the center of the wheel stands the Human Design **BodyGraph**, which also connects ancient and modern. The so-called **Centers** in the BodyGraph are derived from the Indian **Chakra** system and correspond to organs, glands and hormonal processes in our human **biology**.

The Centers are connected by **Channels** - which in turn have an affinity to the developmental paths of the Jewish **Kabbalah** and represent a **Quantum** - a whole that is greater than the sum of its parts.

The Human Design System is truly a synthesis of ancient and modern sciences and wisdom.

The information from the wheel is now transferred to the corresponding position (in the Centers) in the BodyGraph.

Everything that is written or drawn in **black** is the information from the time of birth. This represents your **Personality**, that which you identify with, that which is consciously accessible to you.



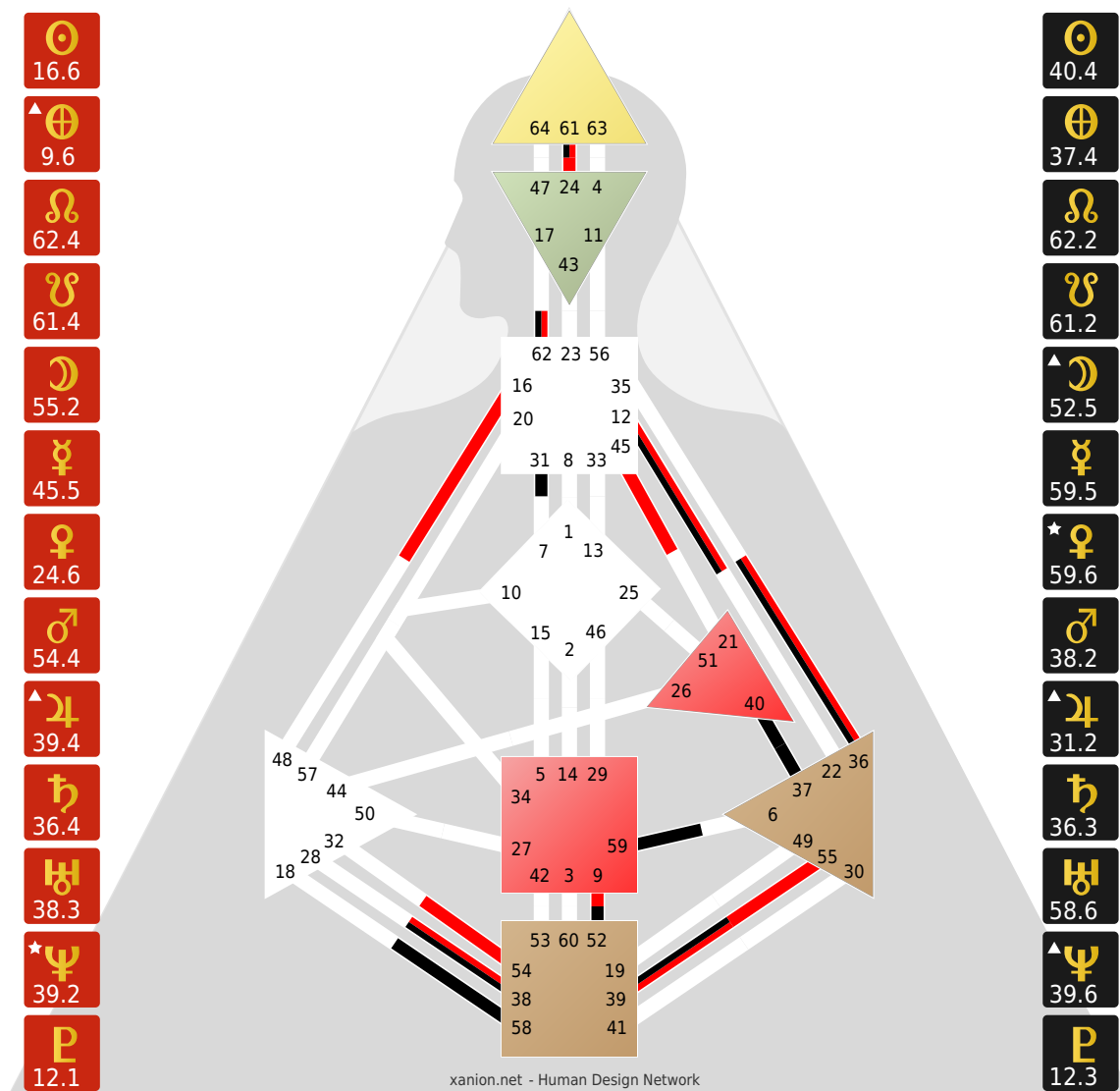
Everything that is shown in **red** comes from a point in time exactly 88 solar degrees (approximately 3 months) before your birth (completely independent of what type of birth it was). This is your Design date, the point in time at which the infrastructure of your physical body was ready to receive and house your consciousness (one could also call it the 'soul'). It represents your unconscious, the physical, bodily side of your being.

The interaction between conscious and unconscious now represents the **Quantum**, the whole. It is the representation of your genetic imprint, your mechanical mode of functioning. And one can easily distinguish which aspects of your being are conscious and which operate without your knowledge.

When two celestial bodies are positioned at the hexagrams at both ends of a **Channel**, they form a **Definition**, an activated Channel and thus two activated Centers. This is how your individual BodyGraph emerges, usually with open (non-activated) or defined (activated) Gates (hexagrams), Centers and Channels.

Very importantly: this is **NOT** a judgement! Having an activation is neither good nor bad, it is simply one of two possibilities, like two sides of a coin. It is what it is, and there is absolutely no need to want to change, improve or develop anything. You can think of it like your blood type or eye color - it is your mechanical configuration and it is perfectly fine!

Your BodyGraph



Type

Generator

Authority

Solar Plexus (Emotional Center)

Strategy

To Respond

Signature

Satisfaction

Profile

4/6 Opportunist/Role Model

Definition

Split Definition

Incarnation Cross

Right Angle Cross of Planning (40/37 | 16/9)

Not-Self

Frustration

Birth Date (local)

02.09.1907 10:20 (UTC +00:09)



Type and Strategy

Type and the corresponding Strategy is the first and most fundamental distinction between human beings made in the Human Design System. Belonging to one of the 4 Types is one of the most important pieces of information and shows you simply and clearly what your first step towards a personally correct decision is.

Generator/Builder

You belong to the Generator type, one of the two so-called "Energy Types"

You belong to the Generator/Builder type, one of the two so-called "Energy Types"

As a Generator, you are part of the large group (70%) of people who are capable of responding to life and its challenges. Your strategy is not to initiate on your own, but to respond from your gut and pay attention to your body voice. This way you can experience and get to know yourself and make correct decisions.

Once a positive response has occurred, you have (body) power available to you, with which you can accomplish and create things step by step in a satisfying way. When you act on your own initiative, you encounter resistance and frustration, easily ending up feeling stuck, unproductive, and wanting to give up.

As a Generator, you derive your satisfaction from understanding yourself and from your responses to what life brings your way. With the strategy of responding, you can use your inherent power correctly, and after completing a task, regenerate yourself feeling satisfied and pleasantly exhausted.

Strategy	To Respond
Aura	Open and enveloping
Signature	Satisfaction
Not-Self Theme	Frustration



Inner Authority

After Type and Strategy, your Inner Authority shows you the next step towards making personally correct decisions.

Solar Plexus (Emotional Center)

Your Inner Authority lies in the Solar Plexus Center

It is correct and important for you to take plenty of time for decisions. You are an emotional person who constantly rides the wave of your own emotional cycle, and therefore cannot have clarity at any single point on this wave. To arrive at a correct decision, this wave must have run through at least once, and you should feel that you are no longer nervous. If you decide from an emotion or from the mind (whether from the high or low end of the wave), it only leads to instability and unpleasant consequences.

Trusting your Inner Authority and experiencing the different aspects of your emotionality before making a decision brings extensive clarity and removes resistance and chaos from your path. You should take your time and show others that you need it. Only then will you find what is correct for you.

Definition

Split Definition

In your Bodygraph, there are 2 independently operating areas - the classic "two souls dwelling in one breast". You experience yourself as a person who is always searching for something that makes them "whole". But nothing is "missing" - you are perfect just as you are!



Your Profile

Your Profile shows the way in which you move through life, so to speak the costume you wear. After Type, Strategy and Inner Authority, it is another key aspect of your being.

Profil 4/6

Opportunist/Role Model

Your Profile shows a friendly but also opportunistic person who approaches their goal of becoming a role model for their environment over the course of three life phases, communicating their experiences and insights. You are fundamentally occupied with your own concerns, yet with your transpersonal, social nature you easily reach and influence other people as well.

In the first approximately 30 years of life, you go through a colorful phase of trying and experimenting, collecting many (positive as well as negative) experiences upon which you can build your later wisdom.

In the middle life phase, approximately between 30 and 50, you almost imperceptibly withdraw from active involvement to process and digest the experiences of the first phase, to observe from a protected position and to recover.

The third phase, from approximately 50 years of age, often brings a clearly new chapter of life, with now stronger engagement again and less distance than in the second phase. Your potential for administration and leadership can now unfold - if you wait for the right moment.

Favorable opportunities in all areas arise for you from your environment and your large circle of friends. In relationships, friendship and trust are the most important entry points for you, and often your high standards seem almost impossible to fulfill. Self-love and correct behavior (according to Type and Strategy) are the only way to first recognize yourself as a "soul mate" and then to find one on the outside as well.



The nine Centers are energy hubs that transform or convert the life force as it flows through the BodyGraph.

Defined and Undefined Centers

In most people's BodyGraphs, it is common for some Centers to be defined or colored and others to be undefined, open or white. The Centers that are defined are considered fixed, meaning they operate with a reliable and steady energy through the aura that is unique and recognizable. The undefined Centers are not broken, they are not empty, they do not need to be repaired. They are the places where we are most vulnerable to external influences, and that makes them valuable learning Centers. The undefined Centers become the greatest sources of our education and our maturing wisdom. Since most of us are made up of a combination of defined and undefined Centers, it is important to accept that neither is better than the other. The process of living within ourselves is one of recognizing where we are available to absorb the conditioning of others through these undefined or open Centers, what effect this conditioning has on us, and how to put it in its proper context. What we call wisdom is to achieve a functioning understanding that allows us to deal with the world around us, with the school of life, without losing our center and our direction in life.

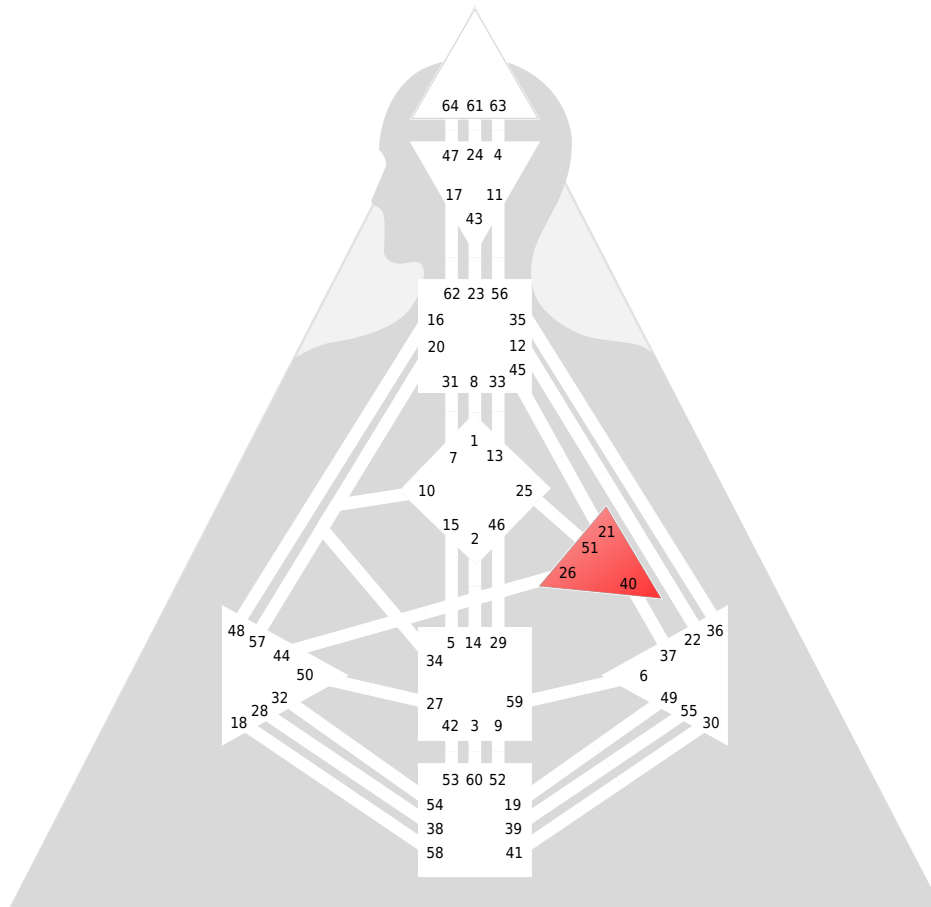
Conditioning

From birth, we are permanently in the aura field of our mother, father, siblings, relatives and others. Our undefined or open Centers are thereby permanently defined or energetically filled by the definitions of others. Over time, we are subtly but deeply influenced by their energy fields - and equally by their growing expectations of us. This is what the Human Design System describes as conditioning. Although we never completely lose contact with who we truly are, various layers of familial and societal conditioning have been placed over our true Self by the time we reach the age of seven, and this creates distortions and confusion.

One cannot avoid or escape conditioning, nor is it inherently something bad. It is simply unavoidable. Planetary transits, people and all life forms, including insects, animals and plants, connect with us and can influence our thought patterns, our behavior and our decisions, especially when we are not grounded in our Design through Strategy and Inner Authority. Throughout our lives, the natural curiosity of our open Centers attracts people who are defined in those Centers. Absorbing their energy frequencies puts pressure on our openness and triggers our mind to think about everything we lack.

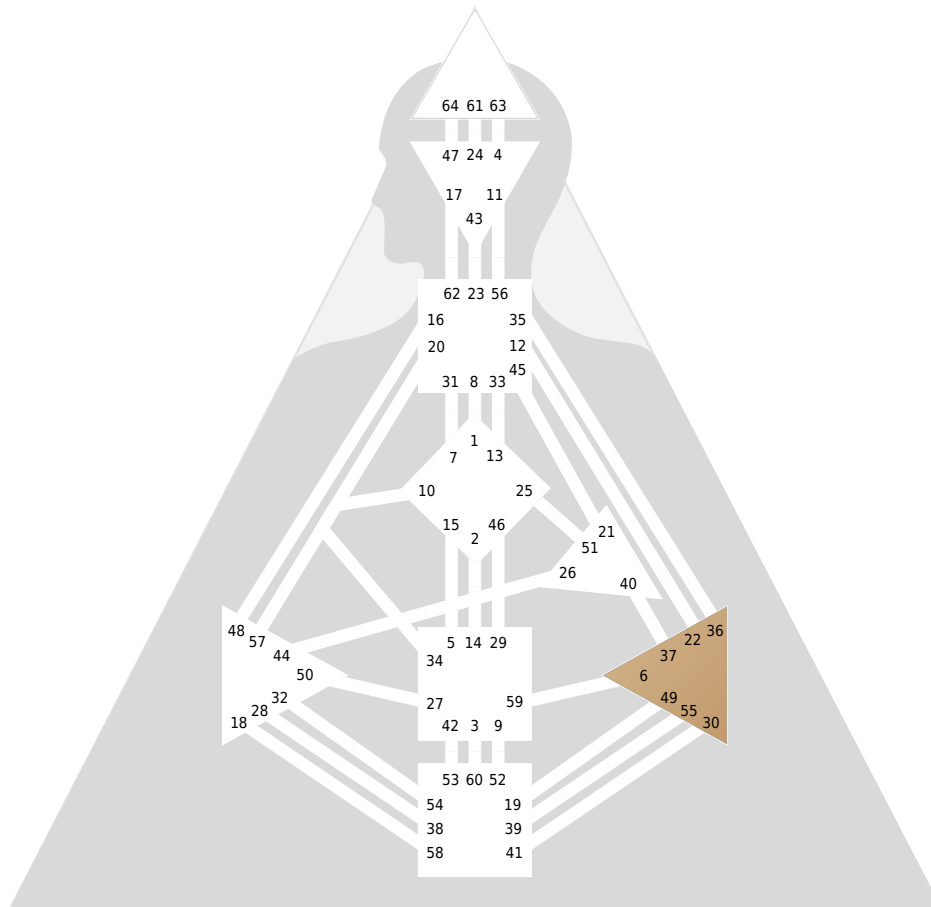
The open places in our chart are regarded as the sources of our Not-Self, simply because they are energetically inconsistent and unreliable. When we begin to confuse what we experience through our openness (through what we are not) with our defined or true Self (what is consistent within us), we get into trouble. The Human Design System carefully examines where we are open to the effects of conditioning and distinguishes that from our definition. It shows us that when we follow our Strategy and Authority, we are perfectly and uniquely equipped to face and resolve the dilemmas of our Not-Self constructs.

The Defined Heart Center



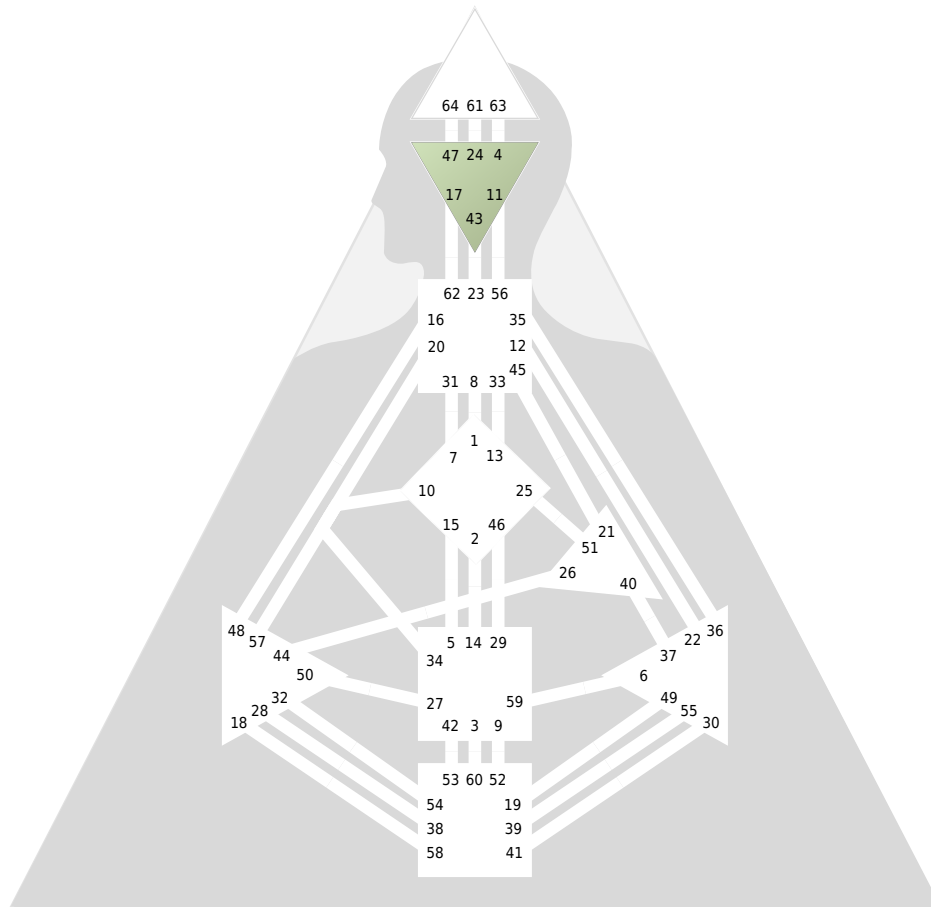
With your Defined Heart Center, you belong to approximately 35% of people and possess consistent willpower, are able to keep promises, and have a natural competitive spirit. However, ego-driven behavior can alienate others and create pressure.

The Defined Solar Plexus Center



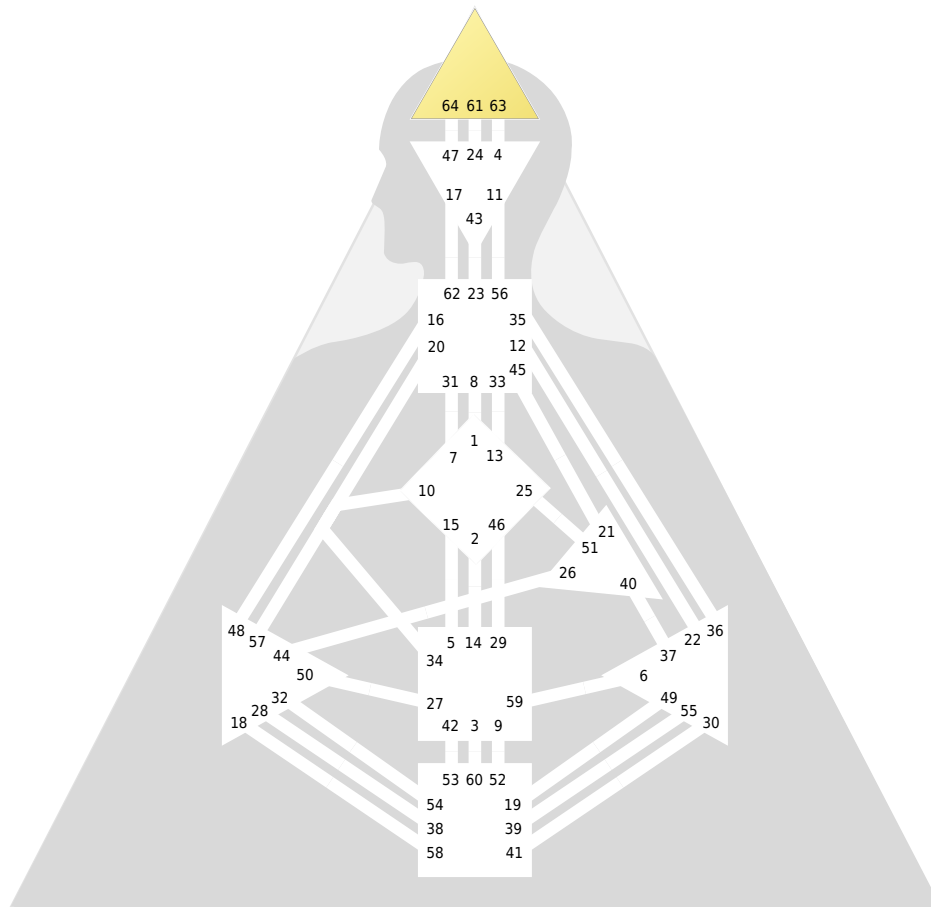
You belong to approximately 50% of people with a Defined Solar Plexus Center (which represents your Inner Authority) and should therefore not make quick decisions, because you only gain clarity about your emotions over time. If you decide from a particular emotion, you endanger yourself and others and become a source of chaos and thoughtless action. Your gift lies in the slow recognition of your own feelings and the decisions that only then result from them.

The Defined Ajna Center



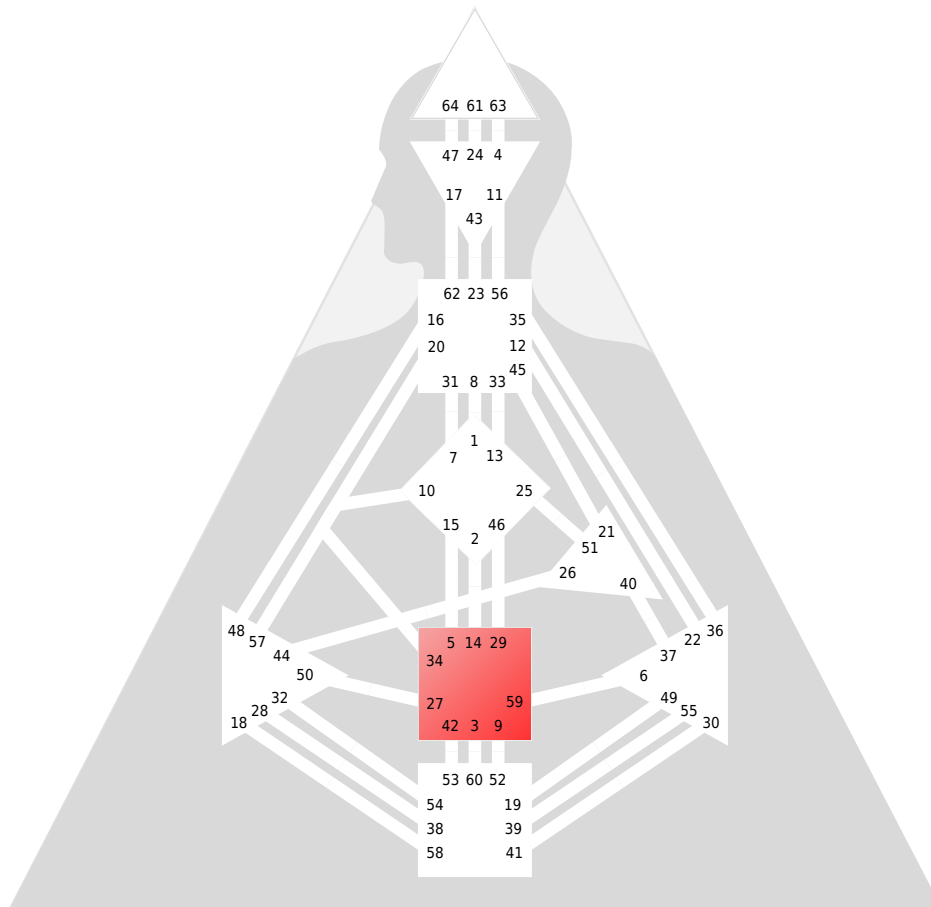
You belong to approximately 51% of people with a Defined Ajna Center and thus have a fixed way of conceptualizing and processing information. Your stimulating mind inspires others and conditions our mental plane. However, you can also be too focused on your own thoughts.

The Defined Head Center



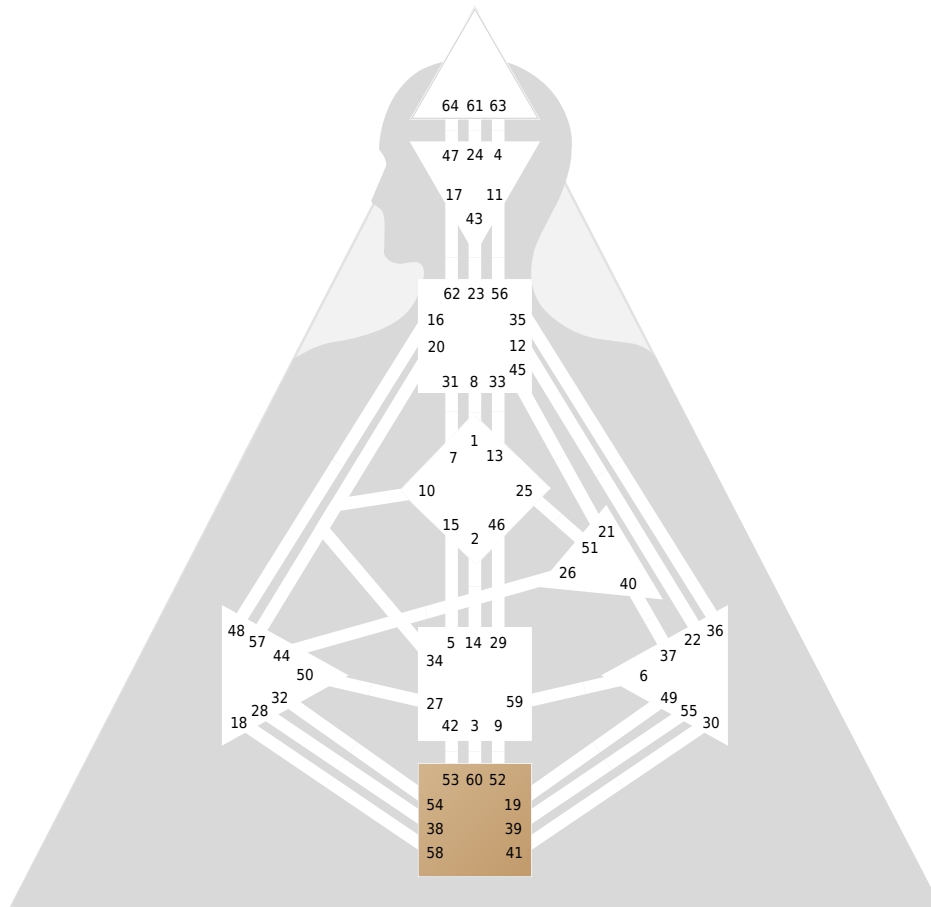
With your Defined Head Center, you belong to approximately 30% of people and are under constant pressure to solve your own problems. You offer others mental stimulation, and your own inspiration occurs in a fixed manner. You can become a victim of your own questions and arrive at hasty decisions if you do not realize that worries and self-doubt are a natural part of your process.

The Defined Sacral Center



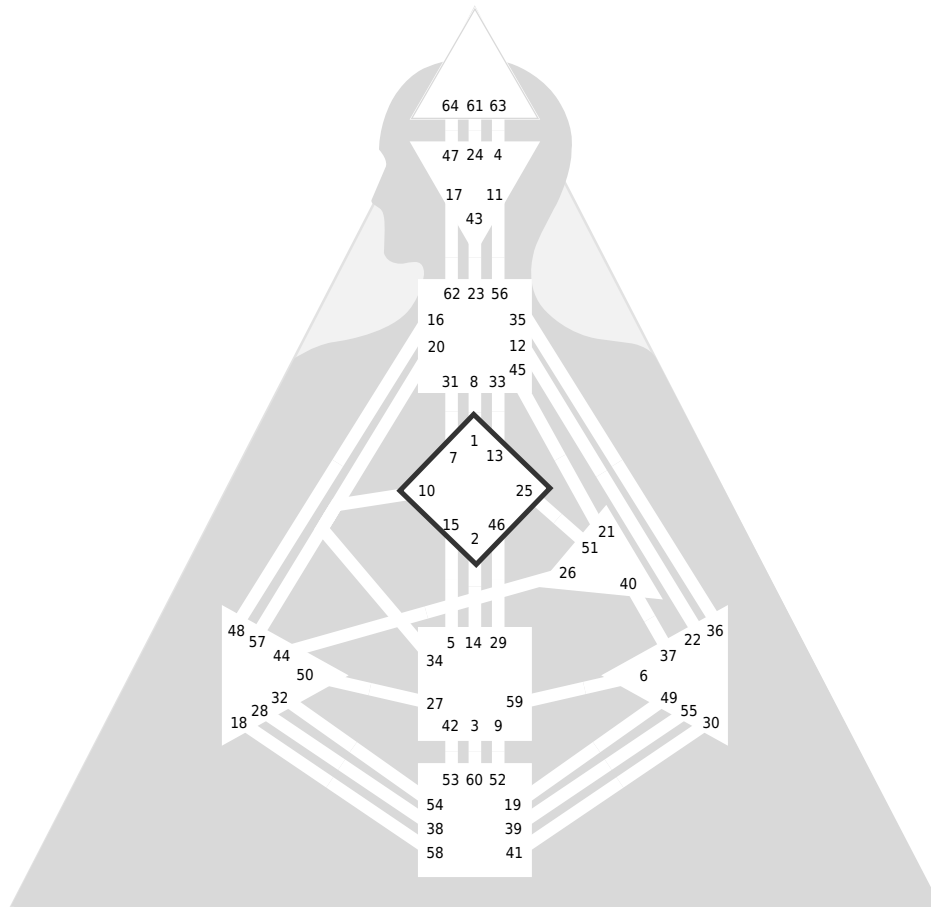
You belong to approximately 70% of people with a Defined Sacral Center (Generators) and thus have a high degree of work and creative power that can be used productively when you respond, or can lead to frustration when you do not act from response. The voice of this center is often body sounds (gut response) that do not necessarily need to be verbalized. Your response shows you whether energy is available for a particular thing or not.

The Defined Root Center



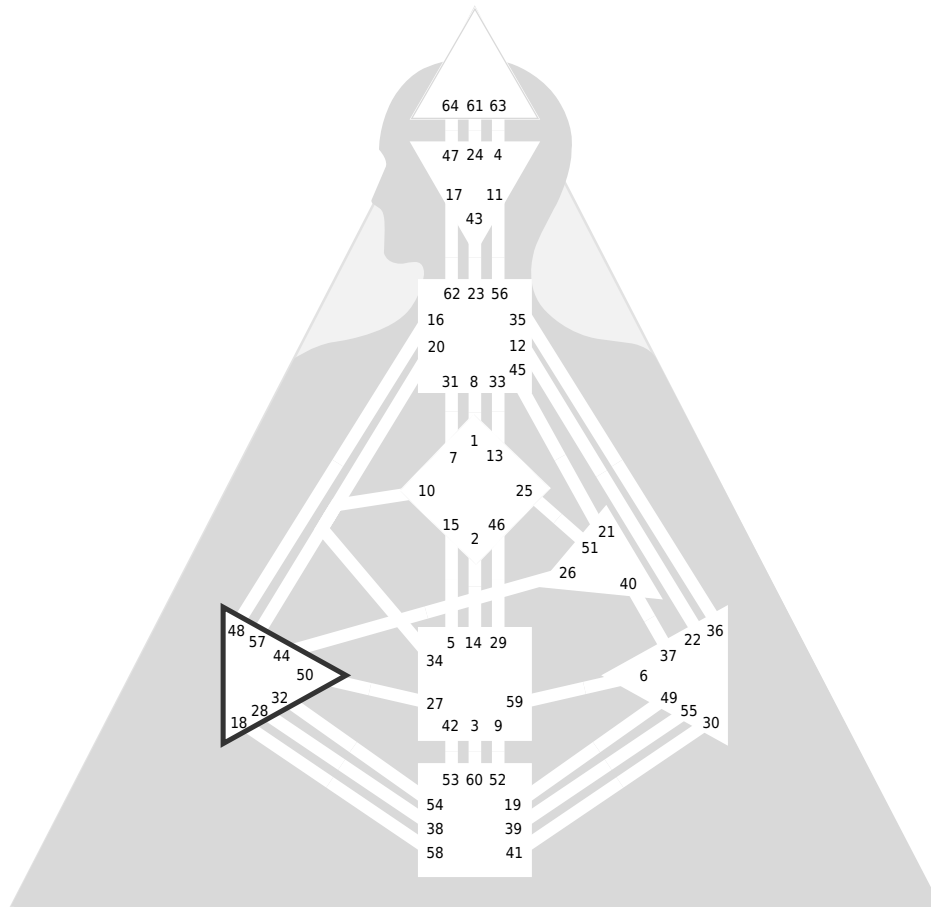
You belong to approximately 58% of people with a Defined Root Center and can therefore deal with stress and pressure in a reliable way and develop your own kind of timing, rhythm, and flow. With this, however, you can also put others under pressure or motivate them.

The Undefined G Center



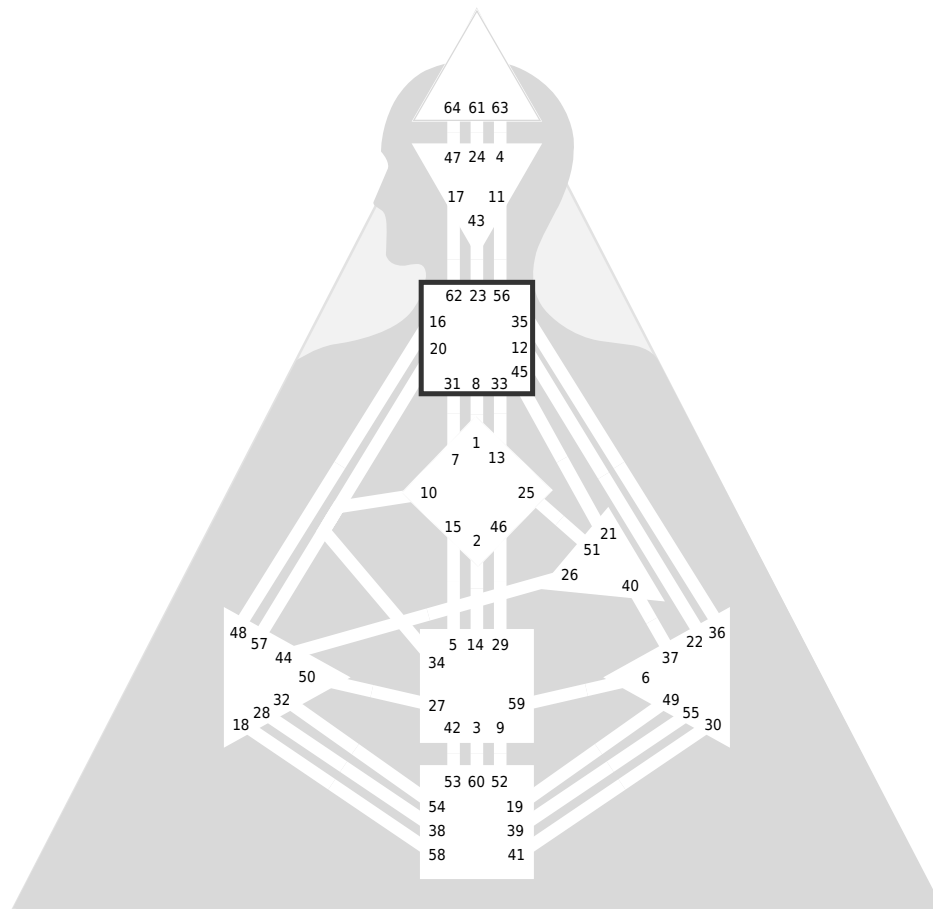
You belong to approximately 54% of people with an Undefined G Center and thus have no fixed sense of identity. You are not here to know who you are, but rather have the gift of empathizing with the identity of others and experiencing the various forms of (higher) love and direction. Your physical environment is of central importance for this. In order to correctly experience other people, you must be in the correct place for you.

The Undefined Spleen Center



You belong to approximately 47% of people with an Undefined Spleen Center and should avoid spontaneity as much as possible. Be selective and do not cling to people or situations that are no longer good for you. Your Strategy can show you what to hold on to and what not, which benefits both you and others.

The Undefined Throat Center



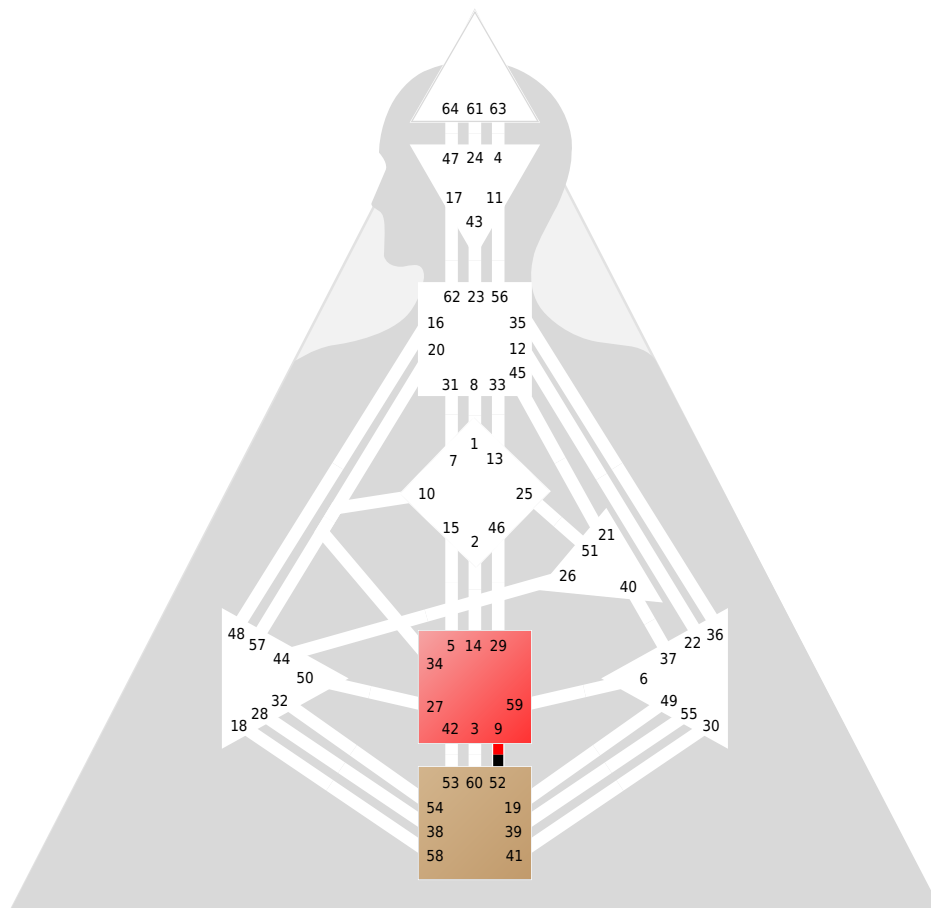
You belong to approximately 29% of people with an Undefined Throat Center and thus do not speak and act in a fixed manner. Your form of communication can be influenced by other people (with a Defined Throat Center), yet you have the gift of recognizing who speaks the truth. If you speak without being asked, you can easily be ignored, which in turn can lead you to seek attention through inappropriate statements or actions.

The Channels

Your Channels represent concrete characteristics and abilities that are available to you at all times and that constitute the core of your being.

The Channel of Concentration: 9-52

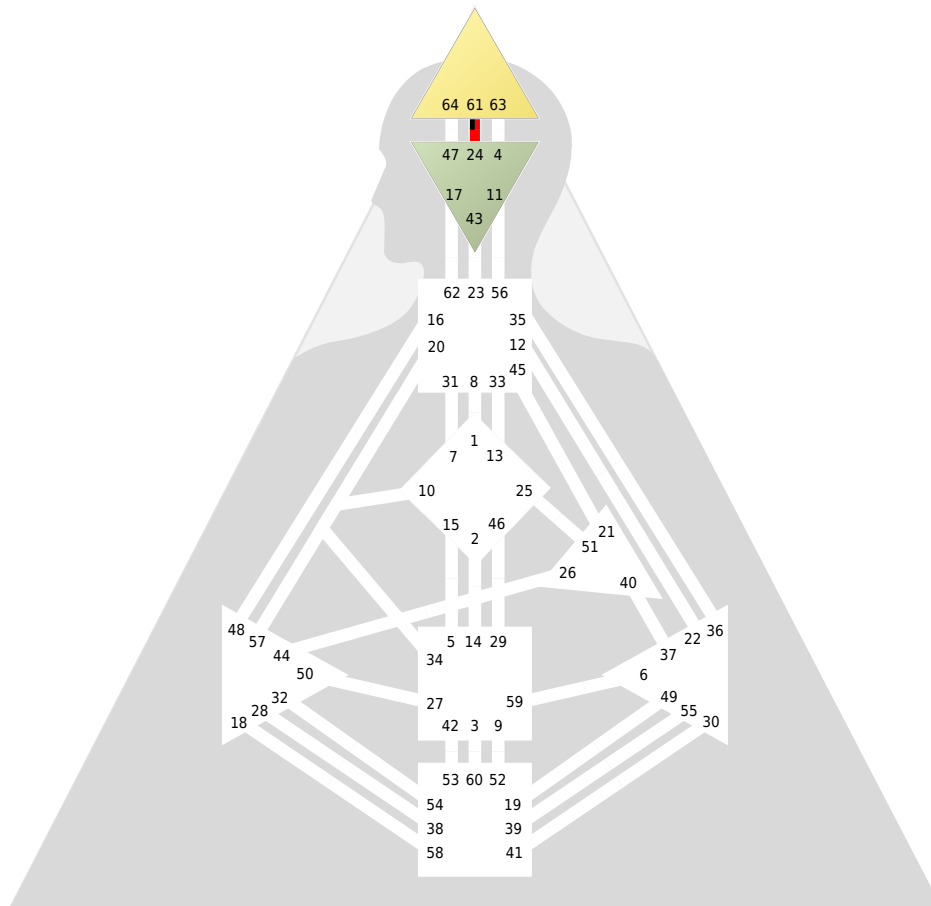
A Design of Determination



Focus and concentration are the foundation of logic. This Channel enables you to follow your body response and concentrate on those things that truly interest you. You can remain calm and focused, and follow your process without distraction or wasting energy. But the timing is not in your hands. The question of where your focus is directed is always determined by your body response. Only in this way does it become evident what is worthwhile and what will bring you joy in the long run.

The Channel of Awareness: 61-24

A Design of a Thinker

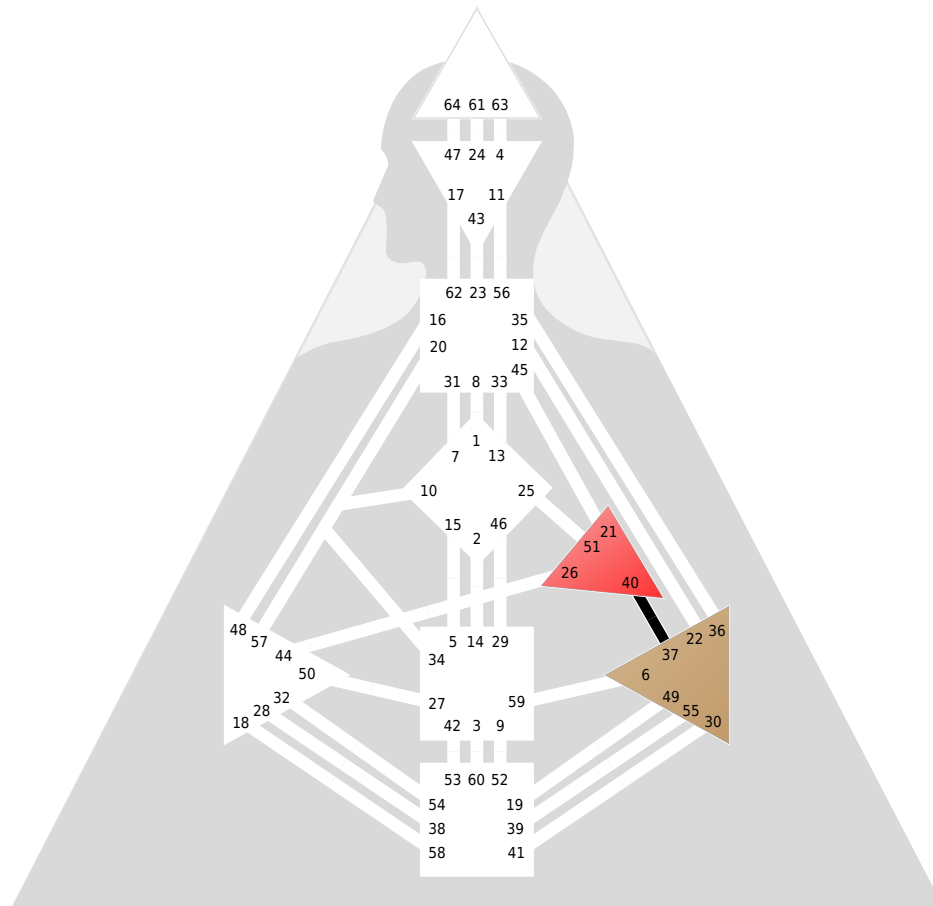


You are a thinker! Your unique mental activation contains the potential to arrive at sudden, individual insights that can empower other people, even though phases of melancholy or apparent standstill may occur again and again. Your thinking process is constantly ‘in operation’, but you can neither control it nor use it for decisions – that would only lead to mental instability or worry.

Our mind is stimulating and interesting and a good foundation for communication; decisions, however, should only be made according to Type and Strategy.

The Channel of Community: 37-40

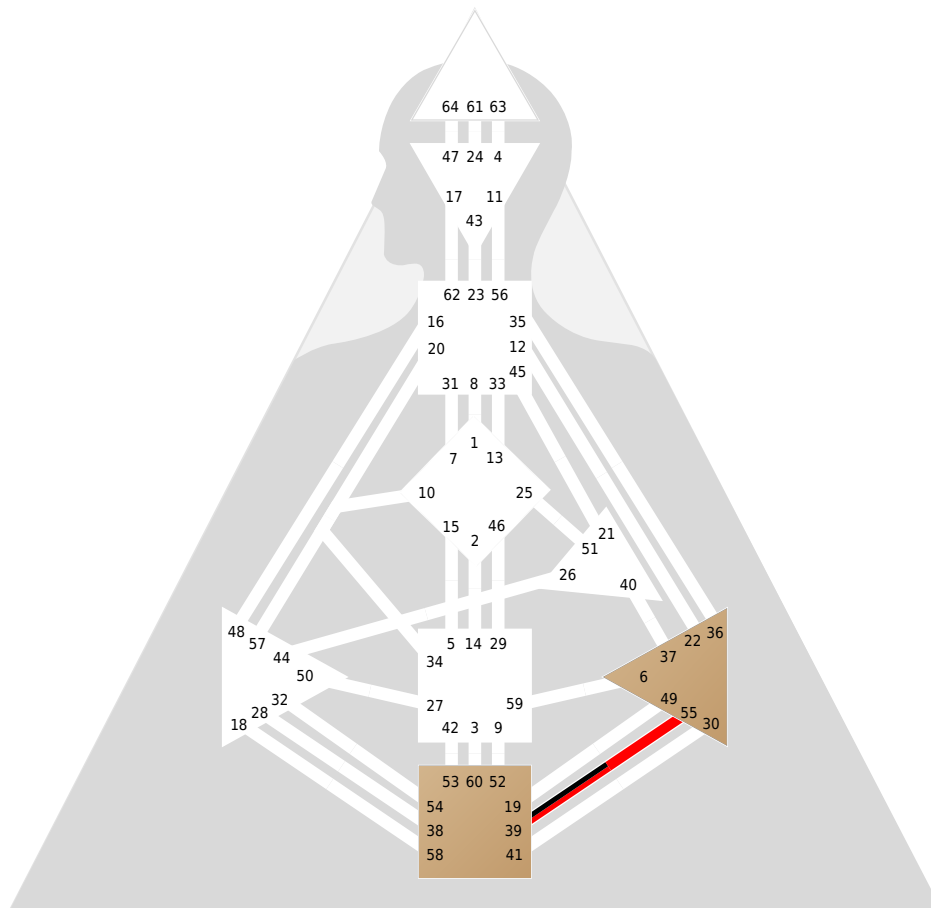
A Design of being a Part seeking a Whole



In this Channel, everything revolves around family, friendship, community, etc. and the question of belonging. Being part of a community comes with rights and obligations – what do I contribute? What do I receive in return? And: is it worthwhile? If you take your time, you will attract the right friends and groups and ultimately reach satisfying agreements about how the work that must be done in and for a community should be divided and structured.

The Channel of Emoting: 39-55

A Design of Moodiness



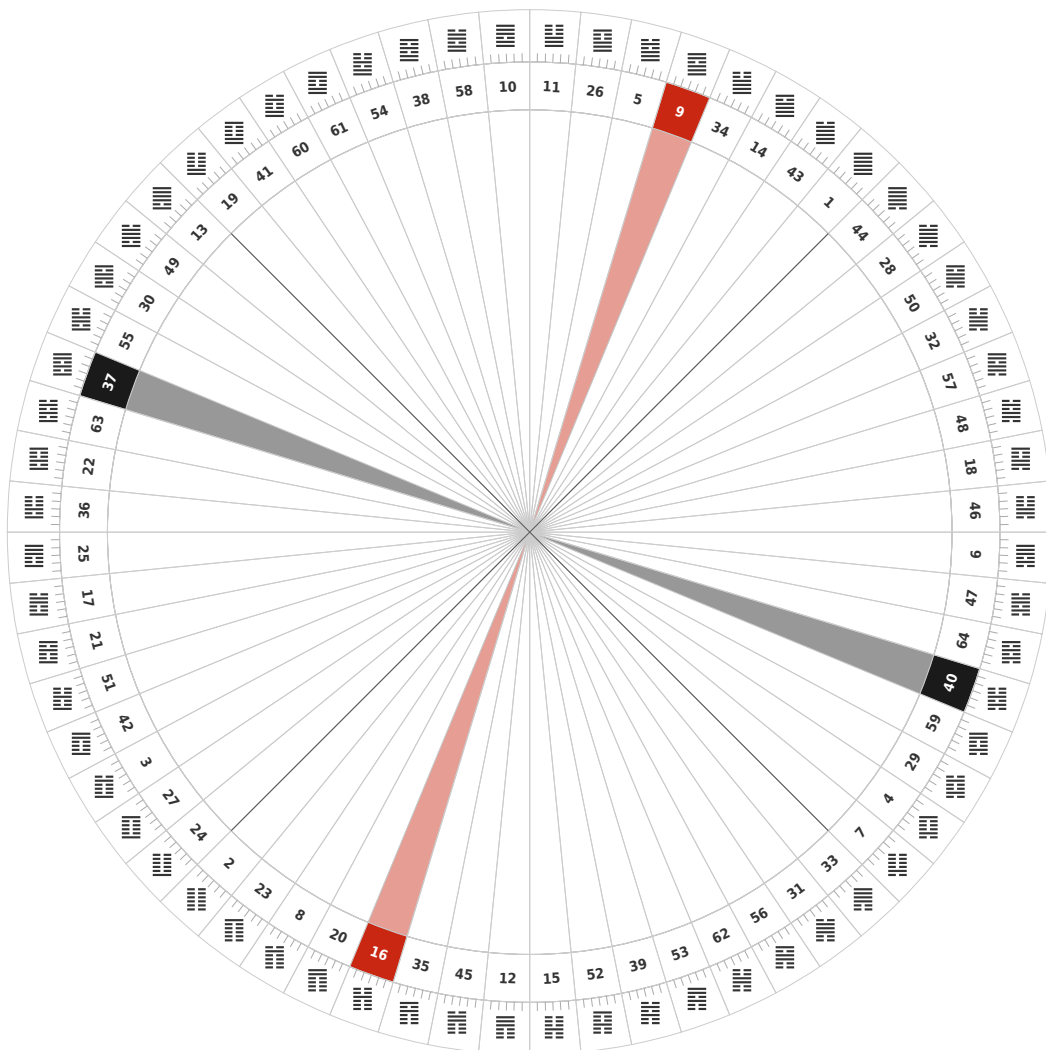
This Channel characterises you as an emotional and moody person. Your gift lies in the strength of your unique feelings, your spirit and passion, which others may well perceive as provocation. Regardless, you should only begin undertakings of any kind (even very simple things like eating or drinking!) when you are ‘in the mood’.

The trap for you always lies in hasty decisions and in the attempt to explain or understand your highs and lows. Melancholy is part of your nature and not a problem at all. When you take your time and proceed according to Type and Strategy, your individual emotional depth is an exemplary empowerment and enrichment for yourself and others.

Your Incarnation Cross

The two Sun-Earth axes form a heading for your life, a theme that runs like a common thread throughout and provides the foundation for your individual purpose and meaning in life. However, there is nothing to do - except to be correct according to your Type and to observe yourself and your life. Then purpose and meaning unfold on their own.

Right Angle Cross of Planning (40/37 | 16/9)



The headline for your life could be: "You are demanding quite a lot of work from me...!"

Others seem to be after your energy, and it takes your correct decision to find out what to commit to and what not.